



KINDERGARTEN

Play

Perhaps most importantly, play is a vital part of our Kindergarten curriculum! Play is the work of the child, and we strive to encourage creativity and a sense of wonder through play. Morning and afternoon recess as well as circle time, center time, songs, and picture book read aloud time provide ample opportunities for our Kindergarten students to learn through play and hone their social skills with peers.

Religion

[Spirit of Truth by Sophia Institute for Teachers](#) is a beautiful series that introduces the Catholic faith to each grade in a way that helps students both understand and internalize our Catholic faith so they can apply it to their lives. Catechesis, scripture study, sacred art reflections, and lectio divina guide class lessons and activities. Kindergarteners also study virtues through the [Virtues in Practice](#) curriculum and develop a foundational understanding of our identities as sons and daughters of God through the [REVEALED Theology of the Body curriculum](#).

English Language Arts

- **Phonics:** Kindergarten begins with a [Science of Reading approach](#) to teaching proper letter sound articulation and recognition in conjunction with [Explode the Code's primer series](#). Students then learn to blend letter sounds into consonant-vowel-consonant (CVC) words and begin reading [Science of Reading early readers](#). [Level 1 of the Primary Phonics curriculum](#) is then introduced as well as [Explode the Code Book 1](#) so that Kindergarteners can master reading CVC words and some basic sight words while also developing reading comprehension skills.
- **Handwriting:** Kindergarteners learn proper letter formation through the beautiful [Writing Our Catholic Faith](#) handwriting series.
- **Literature:** Though other picture books will also be incorporated during story time at school and encouraged at home, our classroom read-alouds primarily come from our Connecting with History curriculum.
- **Poetry:** The study and memorization of poetry and Bible verses expands students' language skills and gives them a treasure trove of rich verses to call upon throughout their lifetime.
- **Writing:** In the early grades, students are exposed to various writing styles and vocabulary while building their handwriting stamina through the beautiful art of copywork. Copying great literature passages and poetry allows children to slow down and see proper punctuation and grammar in action.

Mathematics

[Kindergarten Math with Confidence](#) is a fun and hands-on math curriculum that uses a conceptual and mastery based approach to lessons to ensure that students grasp each concept in depth before moving forward. Each day's student work contains both mastery-reinforcing problems and spiral review problems to help students learn the current concepts in depth and review past concepts daily. Math with Confidence has easy-to-follow teacher manuals that make teaching math simple,



and games are an integral part of this curriculum to help children become proficient in math concepts while having fun.

Science

Scientific Connections Through Inquiry is an interdisciplinary science curriculum which seeks to build a true foundation of scientific thinking through hands-on activities, data journaling and recording, and thought-provoking discussions. This curriculum cultivates wonder in students by its inquiry model which sparks curiosity and the desire to learn. Kindergarteners use [SCI's Level o](#) to learn about biology, chemistry, physics, and earth and space science.

History

[Connecting with History by RC \(Roman Catholic\) History](#) is a cyclical, family-based approach to studying history through a Catholic lens. We are using the co-op version of Connecting with History which includes rhyming songs, hands-on activities, art studies, mini plays, picture books, and more to bring history to life for the younger grades in a fun and age appropriate manner on school days. Home days are assigned to be as family-centered as possible with family read-alouds and family activities. Kindergarten will be doing a modified version of the First through Fourth Grade curriculum. The 2025-2026 school year will study the first cycle which covers the Old Testament and Ancient Cultures Before Christ time period. We will also take a break from Connecting with History in the spring for the entire school to spend a unit studying [Tennessee state](#) and U.S. History.

Geography

An overview of maps and hands-on map crafts and worksheets in [Evan-Moor's Skill Sharpeners series](#) introduces students to a new level of understanding the world around them.

